## The PRONA Paper



## From the Chair

Hello PRONA Members!

I'm so excited to welcome you all to a new fiscal year as we head into the season of fall. I am honored to serve as your Chair this year.

First—I want to emphasize how impressed I am by this organization and all that has been accomplished in the first few years! Key achievements and member benefits include the Pediatric Renal Nutrition Pocket Guide, a well-organized website with so many resources, and a wonderful team of volunteers who keep this organization operational to provide these benefits to members and ultimately improve patient care. Thank you to everyone who has volunteered within PRONA!

Plans for this year include building on several projects to provide additional resources for our members. The first goal is to finalize our Vitamin D Guideline and publish it within an academic journal. Additionally, we will work to complete the Clinician Fact Sheet resource and continually update recipes for our online pediatric renal cookbook found on the website. On the financial side, we are continuing to streamline our platforms and online banking and also work towards improving communications to members. We are planning to continue offering Spring and Fall CEU webinars as well as our Mentorship Program and Professional Education Stipend. As I reflect on my 9 years in pediatric nephrology, I feel so fortunate to have connected with PRONA where I have met the kindest yet hardest working dietitians in the field. I am also genuinely excited to see the growth of resources for pediatric renal dietitians including webinars, the PRONA pocket guide, and additional publications in the field from many PRONA members! Thank you for your kindness, passion, and dedication to our patients and I look forward to working with you this year.

~Maggie Murphy, Your PRONA Chair

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## **Upcoming Events**

**Nov 7-8, 2024:** 12th Annual ASPN Multidisciplinary Symposium

**Nov 2024:** PRONA Board Meeting - TBD

**Dec 2024:** Membership Meeting - TBD

Dec 11, 2024: PRONA
Webinar "Obesity, Metabolic
Syndrome and CVD Risk in
Pediatric Kidney Transplant
Recipents"

**Dec 15, 2024:** Professional Education Stipend Applications Due

**Dec 31, 2024:** Deadline to submit the education handout survey

#### **Renal Formula Calculator**

A specialized formula calculator for pediatric renal dietitians

Utilize this valuable resource created by our colleagues at BC Children's Hospital. Click <u>HERE</u> to learn more.

What patient
education/resources
are needed within our
group? Click HERE to fill
out our survey by
December 31st.



# WANT TO MAKE A DIFFERENCE?

Check out our advocacy page to learn about kidney policy and resources. We offer recommendations on how you can become more involved!





PRONA is happy to support you in your professional advancements! Applications for our professional education stipend are now open. Click <u>HERE</u> for the application. We ask that you provide a summary presentation or article for our newsletter. Learn more at <a href="https://www.prona.info/stipend">https://www.prona.info/stipend</a>.

#### **Meet our Board**

Maggie Murphy, PhD, RD, LD, FAND Chair

Christina Nelms, MS, RDN, LMT Chair Elect

Christine Benedetti, MS, RDN, CCTD, CSR, LD Past Chair

Dana Liebstein, MS, RD, CDN, CNSC, CLC Secretary

Christianna Gozzi, MA, MS, RDN Treasurer

> Kim Hobson, RD, LD Member-at-Large

#### **Committee Contacts**

\*We are currently looking for additional members to serve on our committees.

<u>Clinician Resource</u> Christine Benedetti cns211@gmail.com

<u>Patient Resource</u> Esther Berenhaut estherbq1@yahoo.com Linda Walker lwalker@childrenswi.orq

Guideline Development
Christina Nelms
clnelms@gmail.com

Research & Data Sharing currently inactive

<u>Promotion & Networking</u> Christina Nelms clnelms@qmail.com

> <u>Public Policy</u> Christine Benedetti cns211@gmail.com

### Webinars & CEUs

#### Save the Date!

Our next webinar will be on **Wednesday**, **December 11th at 12 pm (EST)**.

Kristen Sgambat, PhD, RD will present "Obesity, Metabolic Syndrome, and Cardiovascular Risk in Pediatric Kidney Transplant Recipients". Register <u>HERE</u>.

5 CEUs available for members (free) & non-members (\$20 each) on our website <a href="https://www.prona.info/webinars">https://www.prona.info/webinars</a>

# Have a favorite recipe? Share with us <u>HERE</u>

If you have a favorite cookbook or recipe website, let us know and we can add it to our current resources

#### Become a member of PRONA!

Easy joining & renewal on our website: https://www.prona.info/become-a-member Membership is good for a full 12 months at \$40 USD / \$56.58 CDN annually.

For further inquiries, contact prona.dietitians@gmail.com

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